

### **PUWUP – Push Up Wants Up Push:**

Do you need a push up, or do you need an up push? This question may be difficult to give an answer to, so in this novel I will try to give some answers. I am going to give myself this challenge, and I look forward to it.

Some people needs a push up in their life to get on the right track. Many people are seek one way or the other. Some are mentally ill, some are physical ill and some are seek in both ways. They do need a doctor. They will also need medicine, and some will need to operate, and what do people do when all hope is over? They take more medicine, but the best miracle doktor is Jesus. He heal several million people every day, but modern medicine can not accept that. The most doctors using traditioanal medicine can not accept that Jesus can make a person well no matter how bad the illness is. I can not understand this, because Jesus healed me from 25 years mentally illness. Two minutes after I had prayed to Jesus, I was healed from my mentally illness. Hallelujah!

**Arnstein: april 15. 2016**